



# Pulaski County Elementary Menu

**2011**

ALL MENUS SUBJECT TO CHANGE

ALL MEALS SERVED WITH 1% OR SKIM FLAVORED/UNFLAVORED MILK

ALL STUDENTS ARE ENCOURAGED TO PREPAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>Students are offered Chef Salads or Peanut Butter Sandwich/Cheese is a choice daily</b>	<b>Whole Grain-Reduced Sugar Cereal for Breakfast is a choice daily</b>	
 <p>Labor Day</p>	6 <u>Chicken Biscuit/Juice or Fruit Burrito/Cheese Sauce or Fish Sandwich</u> Spring Mix Salad/Dressing Fruit Choices Jungle Crackers	7 <u>Breakfast Pizza/Juice or Fruit Chili/Chips/Cheese</u> Steamed Corn Spanish Rice Diced Peaches	8 <u>Sausage/Gravy/Biscuit/Fruit Deli Turkey Sandwich/Lettuce Sun Chips</u> Baked Beans Fresh Veggies/Dip Watermelon Slice	9 <u>Mini Pancakes/Bacon/Fruit or Juice Maxi Cheese Sticks/Pizza Sauce</u> Seasoned Green Beans or Steamed Carrots Fruit Medley or Apple Slices
12 <u>Sausage Biscuit/Juice or Fruit Salisbury Steak/Gravy</u> Steamed Broccoli w/ Cheese Sauce Baby Baked Potatoes Tropical Fruit Cup WW Fresh Baked Roll	13 <u>Bacon/Egg/Cheese Biscuit/Juice or Fruit</u> Mini Corndog Nuggets Seasoned Pinto Beans Macaroni & Cheese Cole Slaw Fresh Pear	14 <u>Breakfast Pizza/Juice or Fruit Chicken Wrap/Cheese/Lettuce</u> Mexicali Corn Chilled Pineapple Whole Wheat Sugar Cookie	15 <u>Chicken Biscuit/Juice or Fruit Spaghetti/Sauce/Cheese</u> Romaine Toss Salad/Dressing Chilled Fruit Cup w/Diced Apples W/W Fresh Baked Roll	16 <u>Manager Planned Breakfast Fiestada Pizza</u> Seasoned Green Beans Fresh Veggies/Dip Sherbet Cup
19 <u>French Toast/Juice or Fruit Cheeseburger</u> Lettuce/Tomato/Dills Potato Smiles or Sweet Potato Puffs Fruit Choices	20 <u>Scrambled Eggs/Bacon/Biscuit/Juice or Fruit</u>  Manager Planned Menu	21 <u>Cini Mini's/Fruit or Juice Pepperoni Pizza</u> Romaine Tossed Salad/Dressing Chilled Pineapple or Fruit Choice Oatmeal Cookie	22 <u>Sausage Biscuit/Gravy/Fruit Taco Salad/Salsa/Cheese</u> Tortilla Chips Seasoned Corn Refried Beans Marinated Pasta Salad Cantaloupe Cubes	23 <u>Waffles/Sausage/Fruit or Juice Popcorn Chicken/Dip</u> Garlic Cheese Bread Stick (1) Seasoned Green Beans Fresh or Chilled Fruit Choice Jello Cup
26 <u>Breakfast Pizza/Juice</u>  Maxi Cheese Sticks/Sauce Fresh Veggies w/ Ranch Dip Strawberry or Peach Shortcake	27 <u>Bacon, Egg &amp; Cheese Biscuit/Juice or Fruit</u> Chicken Nuggets Creamy Potatoes Steamed Broccoli Fruit Choices Fresh Baked WW Roll	28 <u>Sausage Biscuit/Fruit</u>  Beef Quesadilla Romaine Tossed Salad Strawberries & Bananas Chocólena Cake	29 <u>Manager Planned Breakfast</u>  Student Planned Menu	30 <u>Blueberry Muffin/ Cereal/ Bacon/ Fruit</u>  Rib-A-Que Sandwich Lettuce/Tomato/Dills Baked Fries Baked Beans Apple Slices w/ PN Butter

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