

Pulaski County Middle School Menu



January

2012

ALL MENUS SUBJECT TO CHANGE

ALL MEALS SERVED WITH 1% OR SKIM FLAVORED/UNFLAVORED MILK

Prepay available: www.myschoolbucks.com

MONDAY	TUESDAY	WEDNESDAY		THURSDAY	FRIDAY
2 Pepperoni Pizza or Spicy Chicken Sandwich Seasoned Corn Chilled Pears Jungle Crackers	3 Chicken Nuggets/Dipping Sauce or Fish Fillet Creamed Potatoes Broccoli & Cheese Sauce Chilled Applesauce Cup Whole Wheat Roll	4 Manager Planned Menu		5 Chili/Chips/Cheese or Bean & Cheese Burrito Salad w/ Cherry Tomatoes/Dressing Paella Rice Diced Peaches	6 Grilled Cheese Sandwich or Peanut Butter Sandwich Tomato Soup & Goldfish Banana Baby Bakers Trix Yogurt
9 Hamburger or Cheeseburger/Bun Lettuce/Tomato/Dills Potato Smiles <u>or</u> Sweet Potato Puffs Mixed Fruit w/ Diced Apples	10 Bean & Cheese Burrito or Fish Sandwich/ WW Bun Broccoli Florets & Cherry Tomatoes/Dip Seasoned Green Beans Strawberry Shortcake	11 Chicken Fajita/Cheese or Manager Planned Choice Corn & Black Bean Salsa Mixed Green Salad/Dressing Pineapple Tidbits		12 Spaghetti/Meat Sauce & Cheese or Chef Salad Steamed Corn Chilled Diced Pears Whole Wheat Roll	13 Student Planned Menu
16 Martin Luther King, Jr. Day  School Closed	17 Mini Corndog Nuggets or Sausage & Egg Biscuit Seasoned Pinto Beans Macaroni & Cheese Chilled Diced Pears	18 Hamburger or Cheeseburger Whole Wheat Bun Lettuce & Dill Pickle Chips French Fries or Sweet Potato Puffs Banana		19 Country Style Steak/Gravy or Chicken Nuggets/Dipping Sauce Creamy Potatoes Steamed Peas & Carrots Fresh Apple Slices Fresh Baked WW Roll	20 Bosco Sticks/Pizza Sauce Romaine Toss w/ Dressing Spicy Apples or Tangerine Jello
23 Chicken Fillet Sandwich or Golden Corndog Shredded Lettuce & Pickle Chips Baked Beans Tropical Fruit Cup	24 Manager Planned Menu	25 School Closed		26 Taco Salad with Cheese or Chicken Fajita Romaine & Cherry Tomatoes Steamed Corn Orange Smiles Whole Wheat Sugar Cookie	27 Popcorn Chicken/Dip Broccoli & Cheese Creamed Potatoes Fresh Fruit or Chilled Peaches Whole Wheat Roll
30 Pepperoni or Cheese Flatbread Pizza Fresh Veggies/ Ranch Dip Pineapple Tidbits 1/3 c. Chocolate Chip Cookie	31 Chili Spaghetti w/ Cheese or Fish Fillet Sandwich Steamed Corn Chilled Pears Garlic Cheese Sticks	Dublin Middle School: Salad Bar is a Daily Meal Option	Pulaski Middle School: Deli Sub Line is a Daily Meal Option		<u>School Calendar Information</u> January 16 th – School Closed January 23 rd – 2 hour early release January 24 th – 2 hour early release January 25 th – School Closed Online Prepay now available: www.myschoolbucks.com

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