

Pulaski County High School Menu



January

2012

ALL MENUS SUBJECT TO CHANGE

ALL MEALS SERVED WITH 1% OR SKIM FLAVORED/UNFLAVORED MILK

Prepay available: www.myschoolbucks.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Pepperoni Pizza or Spicy Chicken Sandwich or <u>Soup & Sandwich Bar</u> Seasoned Corn Chilled Pears Jungle Crackers	3 Chicken Nuggets/Dipping Sauce or Fish Fillet <u>Manager Planned Bar</u> Creamed Potatoes Broccoli & Cheese Sauce Chilled Applesauce Cup Whole Wheat Roll	4 Manager Planned Menu <u>Salad Bar w/ Burrito</u>	5 Chili/Chips/Cheese or Bean & Cheese Burrito <u>Hamburger Bar</u> Salad w/ Cherry Tomatoes/Dressing Paella Rice Diced Peaches	6 Grilled Cheese Sandwich or Peanut Butter Sandwich <u>Potato w/ Chili Bar</u> Tomato Soup & Goldfish Banana Baby Bakers Trix Yogurt
9 Hamburger or Cheeseburger/Bun Lettuce/Tomato/Dills <u>Spicy Chicken Sandwich Bar</u> Potato Smiles <u>or</u> Sweet Potato Puffs Mixed Fruit w/ Diced Apples	10 Bean & Cheese Burrito or Fish Sandwich/ WW Bun <u>Deli Sub Bar</u> Broccoli Florets & Cherry Tomatoes/Dip Seasoned Green Beans Strawberry Shortcake	11 Chicken Fajita/Cheese or Manager Planned Choice <u>Hotdog Bar</u> Corn & Black Salsa Mixed Green Salad/Dressing Pineapple Tidbits	12 Spaghetti Sauce & Cheese or Chef Salad <u>Chicken Fajita Bar</u> Steamed Corn Chilled Diced Pears Whole Wheat Roll	13 Student Planned Menu <u>Student Planned Bar</u>
16 Martin Luther King, Jr. Day  School Closed	17 Mini Corndog Nuggets or Sausage & Egg Biscuit <u>Manager Planned Bar</u> Seasoned Pinto Beans Macaroni & Cheese Chilled Diced Pears	18 Hamburger or Cheeseburger Whole Wheat Bun <u>Tomato Soup with Corndog Bar</u> Lettuce & Dill Pickle Chips French Fries or Sweet Potato Puffs Banana	19 Country Style Steak/Gravy or Chicken Nuggets/Dipping Sauce <u>Breakfast for Lunch Bar</u> Creamy Potatoes Steamed Peas & Carrots Fresh Apple Slices Fresh Baked WW Roll	20 Bosco Sticks/Pizza Sauce <u>Taco Bar</u> Romaine Toss w/ Dressing Spicy Apples or Tangerine Jello
23 Chicken Fillet Sandwich or Golden Corndog <u>Salad Bar w/ Tuna Salad</u> Shredded Lettuce & Pickle Chips Baked Beans Tropical Fruit Cup	24 Manager Planned Menu <u>Ribaque Sandwich Bar</u>	25 School Closed	26 Taco Salad with Cheese or Chicken Fajita <u>Potato w/ Chili Bar</u> Romaine & Cherry Tomatoes Steamed Corn Orange Smiles Whole Wheat Sugar Cookie	27 Popcorn Chicken/Dip <u>Hamburger Bar</u> Broccoli & Cheese Creamed Potatoes Fresh Fruit or Chilled Peaches Whole Wheat Roll
30 Pepperoni or Cheese Flatbread Pizza <u>Salad with Burrito Bar</u> Fresh Veggies/ Ranch Dip Pineapple Tidbits 1/3 c. Chocolate Chip Cookie	31 Chili Spaghetti w/ Cheese or Fish Fillet Sandwich <u>Hotdog Bar</u> Steamed Corn ½ c. Chilled Pears 1/3 c Garlic Cheese Sticks	Students are encouraged to choose from the regular lunch menu. Ala carte items are available on one serving line and from the snack shack. Items are individually priced.		<u>School Calendar Information</u> January 16 th – School Closed January 23 rd – 2 hour early release January 24 th – 2 hour early release January 25 th – School Closed Online Prepay now available: www.myschoolbucks.com

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